

Antelope AYSO Alliance

Family Orientation Winter 2026



AYSO 6 Philosophies

Everybody Plays

Balanced Teams

Good Sportsmanship

Player Development

Positive Coaching

Open Registration



- 1. Kids are #1!
- 2. Fun not winning is everything
- 3. Practice proper physical distancing
- 4. Set a proper example of sportsmanship
- 5. Players PLAY, fans CHEER, and coaches COACH
- 6. Respect the volunteer referees... we couldn't do it without them!
- 7. No yelling, swearing, or abusive behavior
- 8. No weapons, alcohol, tobacco, or drugs
- 9. Leave no trash behind
- 10. Celebrate the player WIN or LOSE!



Team Volunteers

Alliance teams are a family that must provide!



Each team needs to have:

- 1. Coach
- 2. Assistant Coach
- 3. Team Managers (2-3)
- 4. Referees USSF Certified (3-4)
- 5. Field Set Up/Take Down all families except for coaches, referees, and team managers, need to assist for home games if you are the first or last games... It could be BOTH.



Volunteer Roles

Coach & Assistant Coach:

- -Runs practice using drills and game simulations.
- -Sets up the player cards for referees.
- -Ensures that all players get an even amount of playing time per game.

Field Set Up/Take Down:

- -All parents who can help when it's your team's turn.
- -Includes moving the goals into place, setting the net, staking the goals into place, and placing the flags in the 4 corners.

Referees:

- -Games require 3 referees: 1 Center and 2 Assistants.
- -Each team's referees should plan to referee at least 4 of the 8 games, plus tournaments.
- -Referees can work other games beside their child's team.
 - -Games may NOT be held without referees.

Team Managers:

- -Helps with communication for the team and the league.
- -Organize optional things like snack schedule, sponsors, team banner, and end of the season party.
- -Schedule game times and block hotel rooms for the team when at tournaments.



Season Expectations

- **>** 7-9 games
- ➤ January February
- ➤ U10 plays 7v7
- **➤** U12 plays 9v9
- ➤ U14 plays 11V11 (9V9 possibly)

Registration Deadline is 12/20/25

Tournaments

Castro Valley Spring Classic - February 20-22, 2026 - Bay Area

California Rush Cup - April 11-12, 2026 - San Jose

Comstock Tournament - April 18-19, 2026 - Carson City, NV

Davis Legacy Super Clasico - May 2-3, 2026 - Davis

Davis World Cup - Memorial Weekend - Davis

Equipment

Uniforms

- Purchased through the league
- Numbers can be chosen, No repeats are allowed
- Uniforms can be used multiple years

Shin Guards

- Must be under and completely covered by socks

Cleats

Soccer cleats ONLY

Water Bottles

Safety Warning: No earrings, No bracelets, No necklaces, No watches, or metal in hair.



Fees & Fundraising

Winter Registration: \$200

Fundraising

Mandatory: Spring - World's Finest Chocolate



Past League supported fundraisers: Kick-A-Thon, Tamales (from La Esperanza), and more.

Teams may also have independent fundraisers, with league approval



Communication

Band App Features

- Wall to post announcements
- Calendar to schedule practices & games
- Polls to determine if players are available for tournaments and other activities
- Photo albums to share pictures and videos
- Messaging feature for direct messages to certain people



- 1. Registration Questions (Erica)
- 2. Referee Questions (John)
- 3. Other Alliance Questions (Erica, Patty, Luba)